



Your consent matters

Care providers such as your GP, pharmacy or a specialist at the hospital may need medical data from another care provider for your treatment. This enables them to provide the right care. Sharing and exchanging your data often requires your consent.

If you have consented to your medical data being shared, a new care provider can view your medical data electronically if it is necessary for your treatment. You can manage your consent for sharing your medical data through MijnMitz.

What is MijnMitz?

MijnMitz allows you to record your consent settings and specify whether or not you consent to your care providers sharing your medical data with other care providers treating you. Mitz is a joint initiative by care providers in the Netherlands and is supported by the Ministry of Health, Welfare and Sport.

Is my medical data stored in MijnMitz?

No, only your consent settings are stored in MijnMitz, not your medical data. In other words, MijnMitz only has information about which care providers you have given consent to share or view your medical data. Care providers have made joint agreements on what data they are allowed to share.

Why is there already consent recorded in MijnMitz?

There may already be a consent setting recorded in MijnMitz. This is because you have previously given a care provider consent to share your data, and that consent has been transferred to MijnMitz.

Which consent settings are available in MijnMitz?

You have three choices in MijnMitz:

Option 1

All your care providers are allowed to share your medical data with other care providers

- ✓ You authorise all your care providers to share your medical data.
- ✓ All other care providers are allowed to access your medical data electronically, but only if it is necessary for your treatment.

Option 2

Certain care providers are allowed to share your medical data with other care providers

- ⚙ You authorise a specific care provider, such as your GP, to share your medical data.
- ⚙ You authorise a certain group of care providers, such as all pharmacies, to share your medical data.
- ⚙ Other care providers are allowed to access your medical data electronically, but only if necessary for your treatment.

Option 3

Care providers are not allowed to share your medical data with other care providers

- ✗ You do not authorise any care providers to share your medical data.
- ✗ Other care providers cannot access your medical data electronically.
- ✗ If another care provider needs your medical data for your treatment, it must be provided in another way. You can also inform the care provider yourself.
- ✗ Care providers will provide the best possible treatment regardless of your consent settings.

Your consent in MijnMitz

Your consent applies to all electronic exchange systems that care providers use to share medical information with each other. Only the data necessary for your treatment will be shared.

For more information visit [MijnMitz.nl](https://mijnmitz.nl)
If you have any questions, send an email to info@mijnmitz.nl or call 088 506 08 00



Scan the code
and record
your consent
settings today.

